



Bridge the Gap Child Mental Health C.I.C
10/11 St Mary's Gate
Derby
DE1 1JR

25/02/2025

Dear Community

At Bridge the Gap we have always done everything we can to keep the cost of sessions in our 1:1 service as low as possible. As a Community Interest Company, our priority is ensuring that children and families have access to high-quality emotional support. The true cost of each 1:1 session is £87.50, but we have always chosen to subsidise this to make sure our support is as affordable as possible. From April we are seeing a huge increase in our costs as we see employer national insurance rise alongside changes to the national minimum wage. As a result of these significant cost increases to our small organisation, we have had to make the difficult decision to increase our session prices by a small amount. We have also changed our policy around 'one sessions grace', meaning that all sessions will now be charged for, including sessions that are cancelled by the family.

It is important that we are transparent with stakeholders about the situations that we face, and the current funding crisis is no different. We want to be able to continue to run our community offerings, the drop-in café each week, the Compassionate Crafts groups in schools and the small groups for children and young people.

Despite these challenges, we remain committed to providing free and low-cost community support so that our service does not become inaccessible to families who



need us most. While we actively seek funding, most grants are restricted to specific projects rather than helping with our core costs, such as staffing, utilities, rent, etc.

Please see an outline below of the new prices that show the 3% increase:

- Emotional Literacy 1:1 sessions with Child Wellbeing Practitioner - £47.50
- Emotional Literacy 1:1 sessions with Community Mental Health Practitioner - £52.50
- Parent/Carer Telephone Assessment Calls - £47.50
- Mental Health Assessments with Mental Health Nurse - £200
- Adult and Child Workshops – prices now start from £8.50 - £20 per workshop (dependent on workshop delivered – please see the website book online page for individual prices)

We truly understand that this may be frustrating, and we share that frustration. We wish this wasn't necessary, but in the current climate, it is the only way we can continue to be here—not just for your child, but for the many families in our community who rely on our support.

Thank you for your understanding and for being part of Bridge the Gap. If you have any questions, please do not hesitate to reach out.

Many thanks,

Nikki Webster, Jennifer Wyman and Katie Bentley,

Directors of Bridge the Gap.